



Spiritcamp

**--> SHORT CUT**

**Hey, not keen on much text right now?!  
Then just read pages 3 and 4 for most  
important info!**

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## Welcome!

We are really happy that you are so keen on participating at Spiritcamp! „Never say never“ - with these words we'd like to welcome you to the second (and very last edition) of Spiritcamp.

We are looking forward to this unique rerun. Thanks for coming!

At Spiritcamp nobody will be forced to look beyond their nose but whoever likes to do that: there are at least two opportunities where it is really easy:

On the one hand there's „Having an affair“

on Saturday (17.30 h), where you can try all the things you never tried - or just hang out. On the other hand there is Sunday afternoon, at first the Discgolf finals (14 h), then Ultimate finals (14.45 h) and at Awards Ceremony even a Freestyle show (15.30 h), so everyone can watch everything.

Whoever reached a final, knows how awesome it feels to have many spectators. A large audience is definitely a cool reward for a good performance.

About 250 disc-junkies are here now for group therapy. Since this tourney doesn't take place at Funatics homebase in Hannover, we are a bit nervous too. Let us Funatics know as fast as possible if something doesn't fit. We'll do our best.

Our orga team includes four friends from „Förderverein Eisenberg“: Anja, Thomas, Uwe and Udo. They know the holiday village best and are on our side. Big shoutout to them in advance!

Since we are saying „Thank you“ anyway: Huge Thanks for wonderful support to doublehappiness and S&P (companion of Spiritcamp from the initial idea, and now also a big supporter of DFV, the German Discsports Federation)!

One word concerning the eponym of this weekend: the Spirit.

We find that our sport therefore is not so great just because we replaced a ball by a disc (even if the fascination with the disc connects us all). It is the Spirit making the difference. Whether it is the sole responsibility to observe the rules, but it is also this attitude to life, which is hopefully often reflected by dealing with each other in a cordial and honest way. Without that our sport wouldn't be our sport - let's be conservative in the best sense and preserve at least that.

The other day Ilka (the freestyler) posted a beautiful and fitting West African proverb: „If you want to go fast, go alone, if you want to go far, go together.“

This is exactly how it is. By the way: Next year the Funatics will celebrate their 30th anniversary as a Frisbee Sports Club. We feel like wanting to go much further together and together with you!

Starts: now! Beautiful that you are all here! Matthias & all Orga-Funatics and -people (and -ducks)



# Das Wichtigste

## **PACKING LIST (very short version :))**

- bed sheets
- sleeping bag or bed clothes
- Swim- and Sportswear

## **ADDRESS**

Ferierendorf Eisenberg,  
Eisenbergstr.1, 36275 Kirchheim

## **ARRIVAL**

- From 14 h we are ready to welcome you. If you want to arrive earlier, you can test the lake or throw some discs in the meantime. We are there too.
- On Friday our "headquarter" will be at the Kiosk of the holiday village close to the parking lot and entrance. From there we will tell you where your sleeping place is.

## **KEYS**

- The keys have a deposit of €20. Preferably hand the money in with an envelope and your name written on it.
- Each room (even if it's a group accommodation) will only have one key.
- For the lawyers and your information: The event management excludes any liability for thievery.

## **BREAKFAST (7.30 h - 9.30 h) und Lunch (12-14 h).**

- Since you should not eat that much while doing sports there are only cold meals offered during lunchtime....

- On Friday and Saturday evenings we will provide big barbecues!
- Breakfast/Lunch location will be located in the dining halls, where your individual sleeping place is. Please do not swap the dining locations, because we have calculated the number of meals. (Exception: Those staying at Goldbornhof will dine at the hall next to the Kiosk.)
- Please wash your dishes when you are done eating or use the dishwasher.

## **BARBEQUES**

- In the evenings (starting at 19 h) we will altogether have a barbecue.
- We will provide plates. Please leave the plates at bbq location. This way you will not have to bring your own dishes to the tournament and we can avoid a lot of throw-away plates.
- The barbecue starts at 19 h but you are free to join later. It will be an easy going dinner.

## **WATER**

- We have a stock of water which we will provide for you at your locations of accommodation. You can keep the bottle deposit ;) Feel free to reinvest it in more water or other beverages at the Kiosk. By the way, the tap water there is very drinkable!

## **KIOSK / „DORFKRUG“**

- They are our central beverage supplier during the weekend. We are very proud, that

- they will offer drinks at the nicest Frisbee tournament prices. Note, that there is no tally list. You will need to pay cash at anytime.
- Here's an overview of the prices:  
Licher Pils 1 Euro (!!!)  
Kapuziner Hefeweizen 1,30 Euro  
Cola (1 litre!) 1,35 Euro  
Applespritzer (1 litre!) 90 Cent  
And so on... (They have Apple wine too!)
- One more comment: If you buy whole racks you will even get it cheaper. Sounds amazing? Yes, it's awesome!
- The Kiosk is open from 12:00 h. On Saturday evening we will sell the beverages ourselves so you will not have to run between barbecue and Kiosk all the time. The prices here will be rounded up to the next full 50 cents. E.g. a litre of Cola will be €1,50.

## **WC**

- You will not have to get back to your accommodation location every time you need to take a pee. There are bathrooms that are free for everyone at every location with a dining hall.
- Because of the closeness of some locations to the sports fields there are some bathrooms that might be frequented more often than others. For that reason please take care that you always leave the bathrooms in a clean condition.

### **@PARENTS**

- All families are accommodated in Goldbornhof. At the undergroundfloor of Building No. 3 there is a Common room that can be used as a children's play room. A further "play room" is the gym.
- With good weather you can try to boulder, play Put-put, or hang out at the lake. A childrens play ground is located close to the Goldbornhof. In between the discgolf tournament rounds also the "wooden castle" can be played on.

### **@SMOKERS**

- Smoking is permitted next to all camp fire locations as well as in front of the gym and the Kiosk/Dorfkrug.
- Please only smoke in this locations (and not next to the sports fields), because we want to avoid walking around smoking and littering.
  - This is really important!

### **FIRST AID**

- Cool packs and first aid kits can be found at the Ultimate-HQ at the sports fields.
- The nearest hospital: Klinikum Bad Hersfeld, Seilerweg 29, 36251 Bad Hersfeld; Tel.: + 49 6621-880

### **LIMITATION OF LIABILITY**

- The participants of the Spiritcamp event attend at their own risk. The organiser and its representatives do not account for any damages or injury that might accure in relation to the participation in this event. This limitation of liability is also valid for any visitors of the event. Excluded from this declaration are all damages or injuries that base on intend or negligence of the organiser or its representatives.
- No liability will be taken for thievery.
- The limitations come into effect with the declaration of all participants of the organising team.

### **DEPARTURE**

- Please leave your room and dining hall clean swept.
- Place your bedclothes and mattresses back the way you found them at your arrival.
- Empty your garbage can and bring it to the containers located on front of the dining building.
- As soon as you have done that, please inform your Contact person at your accomodation location of the organisation team, that you are ready to leave. The room will then be approved and you will be returned your key deposit.
- Latest check-out time is about 17 h, so everything is relaxed.
- The dining hall shall also be clean swept and all the tables need to be placed aside with

chairs put upon.

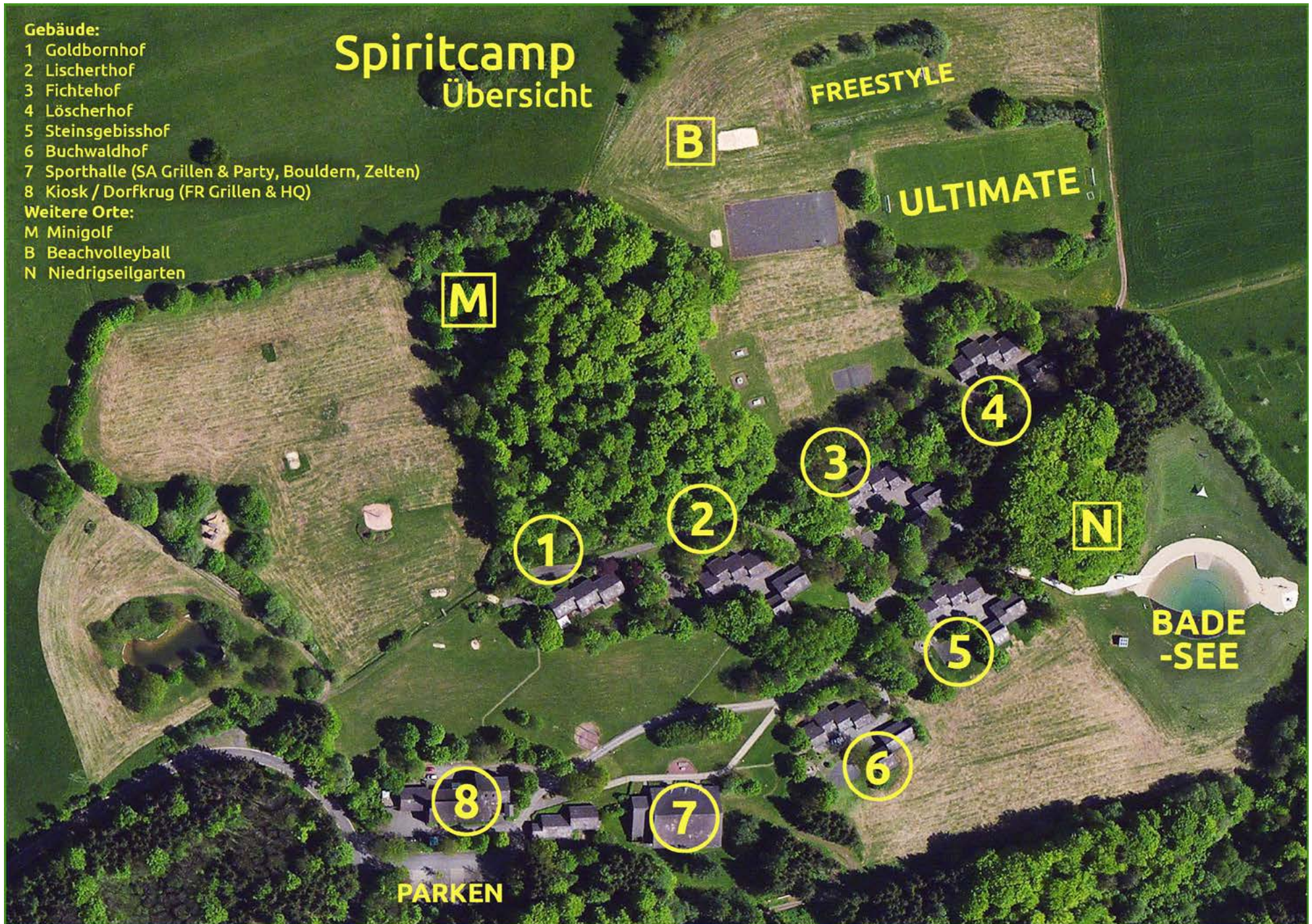
- We would be very pleased if you attend the final ceremony which should not take longer than 16:15 h!

### **CONTACT PERSONS**

- Every accomodation complex has a contact person sleeping there too:
- Goldbornhof: Alan / Funaten (Haus 3, Zi.3)
  - Buchwaldhof: Bernd & Mave / Funaten (H. 4)
  - Fichtehof: Funaten (Teamquartier, H. 4)
  - Lischerthof: Björn / Funaten (EZ)
  - Steinsgebisshof: Kevin & Maria / Funaten (DZ)
  - Löscherhof: Henning / Funaten (EZ)

### **WISSENWERTES** (der wichtige Rest)

- The location of the village is very idyllic! Hence, mobile phones may hardly find connection!
- At the whole venue area no dogs are allowed.
- Please, when you are in the gym only wear appropriate shoes or socks or barefoot. Exept water, no other beverages are allowed here.
- Please do not enter the natural swimming lake with shampoo, foam etc.



## Timetable

### FREITAG

- 14.00 Welcome!
- 14.00 **DISCGOLF** Start Doubles (last start ca. 17 h)
- 16.30 **ULTIMATE** Begin HAT-tourney
- 16.30 and at all times **FREESTYLE** Welcome Jam
- 19.00 **BBQ** & fire basket & Chillen & beers (Kiosk)

### SAMSTAG

- 07.30-09.30 **Breakfast** (at your accomodations dining hall)
- 09.00 **ULTIMATE** first games
- 09.00 **DISCGOLF** Playersmeeting round1  
after dark **FREESTYLE** Morning Jam
- 12.00-14.00 **Lunch** (at your accomodations dining hall)
- 13.30 **DISCGOLF** Playersmeeting round 2
- 13.30 **FREESTYLE** Open Pairs Semifinals
- 17.00 "Plenum" & **Beerrace** (am Badesee)
- 17.30 **Having an affair**
- 19.00 **BBQ** & fire basket & Chillen & beers (gym)  
later **PAAARTY** with DJ Alf (till very, very, very late)

### SONNTAG

- 07.30-09.30 **Breakfast** (at your accomodations dining hall)
- 09.00 **ULTIMATE** more games...
- 09.00 **DISCGOLF** Playersmeeting round 3
- 11.30 **FREESTYLE** Open Pairs Finals
- 12.00-14.00 **Lunch** (at your accomodations dining hall)
- 13.00 **The Fantastic Most Public Mega Secret Of All Times**(Steinsgebisshof)
- 14.00 **DISCGOLF** Finals (sports ground)
- 14.45 **ULTIMATE** Finals (sports ground)
- 15.25 "Plenum" & **Ring of Fire** (sports ground)
- 15.30 **Awards ceremony** including **FREESTYLE** Best-Of
- 16.15 so sad... it's all over...



### **Förderverein Eisenberg - was'n das?**

Das sind die, die uns hier das ganze Wochenende ehrenamtlich helfen, damit wir ein cooles Spiritcamp haben. Das sind die, die große Mitschuld haben, dass es hier Sachen wie Seilgarten, Discgolfparcours und Badesee gibt. Das sind die, die in Eigenleistung Sachen hier aufbauen und in Schuss halten.

Also die, die alles tun, um die Zukunft des Feriendorfs zu sichern! Wenn's Euch also hier gefällt, dann besucht im Netz mal [www.förderverein-eisenberg.de](http://www.förderverein-eisenberg.de) oder sprecht direkt mit Thomas, Anja, Uwe oder Udo vom Förderverein!

## ***Ultimate Rules of Play***

Because we will provide every necessary information here, no captains meeting will take place.

### ***Rules***

- Compact small field: 5 vs. 5
- At least two girls on the line
- On Saturday draws are allowed; on Sunday at least one final point needs to decide the winning team
- No time-out
- Stallcount 8
- Teams keep track of their own score during the game

### ***Spirit:***

- As the title of the event tells: Spirit of the Game is of most importance to the games
- To keep it easy, there will not be any

spirit sheets during the tournament; At the end of the tournament you can elect two teams with the best Spirit; first team on your sheet scores 2 points, the second 1 point

- While voting, please consider the usual categories, like Rules Knowledge, Fouls and Bodycontact, Fairmindedness, positive attitude, etc.

### ***Special rule1:***

- Forbidden: No flipping for offense or selection of the side of the field!
- Any other modi, games, or whatever are allowed.
- Suggestions: Flubby guts, disc golf on one goal, drink a beer, Ninja, Beachvolley-frisbee,...
- The winner is to choose offense/defense AND side of the field

### ***Special rule 2 - Super Soaker Challenge***

- At HQ there are four Super Soaker-water-guns
- Only with consensus (!) both teams can use two guns each from the sidelines and try to manipulate the game ;)
- It's possible to set a time limit
- Aiming at faces is forbidden and a round of beers needs to be offered

### ***HAT-Turnier:***

The fittest will meet at 16.30 h on Fridays at sports ground. Maja und Valeska know how to rock...

**doublehappiness**  
[www.doublehappinessph.com](http://www.doublehappinessph.com)

# Ultimate Schedule

**SPiRiT  
CAMP  
2015**

<b>Albatros</b>
RotPot
Flying Foxes
Colorado
Unwucht

<b>Birdie</b>
Lazy Bags
Camp10
Rotterdamnit
Zeltplatzbande

<b>Ace</b>
Funatics
HundFlachWerfen
WegWerfGesellschaft
Hässliche Erdferkel

<b>Eagle</b>
Göttinger 7
Frisbee Fieber
Das Asoziale Netzwerk
GRASSation

**Samstag**

*Vorrunde*

9:00  
9:30  
10:00  
10:30  
11:00  
11:30  
12:00  
12:30

<b>Feld 1</b>	
RotPot	Flying Foxes
Rotterdamnit	Zeltplatzbande
Göttinger 7	Frisbee Fieber
Flying Foxes	Unwucht
Funatics	WegWerfGesellschaft
Frisbee Fieber	GRASSation
Lazy Bags	Zeltplatzbande
HundFlachWerfen	WegWerfGesellschaft

<b>Feld 2</b>	
Colorado	Unwucht
Funatics	HundFlachWerfen
Das Asoziale Netzwerk	GRASSation
Lazy Bags	Rotterdamnit
HundFlachWerfen	Hässliche Erdferkel
RotPot	Unwucht
Camp10	Rotterdamnit
Göttinger 7	GRASSation

<b>Feld 3</b>	
Lazy Bags	Camp10
WegWerfGesellschaft	Hässliche Erdferkel
RotPot	Colorado
Camp10	Zeltplatzbande
Göttinger 7	Das Asoziale Netzwerk
Flying Foxes	Colorado
Funatics	Hässliche Erdferkel
Frisbee Fieber	Das Asoziale Netzwerk

<b>Roll</b>
1.Albatros
1.Birdie
1.Ace
1.Eagle

<b>Brush</b>
2.Albatros
2.Birdie
3.Ace
3.Eagle

<b>Helicopter</b>
3.Albatros
3.Birdie
2.Ace
2.Eagle

<b>Flamingo</b>
4.Albatros
4.Birdie
4.Ace
4.Eagle

*Zwischenrunde*

13:00  
13:30  
14:00  
14:30  
15:00  
15:30  
16:00  
16:30

<b>Feld 1</b>	
1.Albatros	1.Birdie
4.Albatros	4.Birdie
1.Birdie	1.Eagle
4.Albatros	4.Ace
2.Birdie	3.Eagle
2.Ace	2.Eagle
2.Albatros	3.Eagle
3.Birdie	2.Ace

<b>Feld 2</b>	
3.Albatros	3.Birdie
4.Ace	4.Eagle
1.Albatros	1.Ace
4.Birdie	4.Eagle
2.Albatros	3.Ace
4.Albatros	4.Eagle
2.Birdie	3.Ace
1.Albatros	1.Eagle

<b>Feld 3</b>	
2.Albatros	2.Birdie
3.Ace	3.Eagle
3.Albatros	2.Ace
3.Birdie	2.Eagle
1.Ace	1.Eagle
4.Birdie	4.Ace
1.Birdie	1.Ace
3.Albatros	2.Eagle

**Sonntag**

*Finalrunde*

9:00  
9:30  
10:00  
10:30  
11:00  
11:30  
12:00  
12:30

<b>Feld 1</b>	
VFU1 3.Brush (U1)	4.Flamingo (U8)
VFU4 4.Helicopter (U4)	1.Flamingo (U5)
VFO3 2.Roll (O2)	2.Brush (O7)
HFUU1 L VFU1	L VFU4
HFOU1 L VFO1	L VFO4
HFOO2 W VFO2	W VFO3
Pl. 11 L HFUO1	L HFUO2
Pl. 5 W HFOU1	W HFOU1

<b>Feld 2</b>	
VFU2 3.Helicopter (U2)	3.Flamingo (U7)
VFO1 4.Roll (O4)	1.Brush (O5)
VFO4 1.Roll (O1)	2.Helicopter (O8)
HFUO1 W VFU1	W VFU4
HFOU2 L VFO2	L VFO3
Pl. 15 L HFUU1	L HFUU2
Pl. 9 W HFUO1	W HFUO2

<b>Feld 3</b>	
VFU3 4.Brush (U3)	2.Flamingo (U6)
VFO2 3.Roll (O3)	1.Helicopter (O6)
HFUU2 L VFU2	L VFU3
HFUO2 W VFU2	W VFU3
HFOO1 W VFO1	W VFO4
Pl. 13 W HFUU1	W HFUU2
Pl. 7 L HFOU1	L HFOU2
Pl. 3 L HFOO1	L HFOO2

14:45

Finale	W HFOO1	W HFOO2
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# Discgolf



Das Discgolf-Turnier ist ein PDGA-C-Tier, das über 3x 18 Bahnen geht.

Die besten 4 Spieler des Turniers spielen zusätzlich in einem Finale über 4 Bahnen den Sieger aus.

## **Spirit:**

- Im Frisbeesport hat der „Spirit of the Game“ ein großes Gewicht. Im Ultimate und Freestyle werden regelmäßig die „most spirited“ Spieler (stark verkürzt gesagt: die mit dem meisten Sportsgeist) und Teams gewählt.

- Im Discgolf ist das relativ neu, aber beim Spiritcamp wollen wir das unbedingt machen, um auch im Discgolf diesem Spielertyp die notwendige Anerkennung zu geben.

- Anlehnend an Ultimate und Freestyle kann man seine Mitspieler z. B. an Hand folgender Kriterien beurteilen:

- \* Regelkenntnis und -anwendung
- \* Aufrichtigkeit und Fairplay
- \* Selbstbeherrschung und positive Einstellung

- Naturgemäß kommen da noch ein paar „softe“ Faktoren hinzu, die jeder Spieler für sich gewichtet ;-)

- Nach der dritten Runde verteilen wir Zettel, auf denen Ihr für zwei Eurer Mitspieler stimmen könnt.

- Der als erstes genannte Spieler bekommt zwei Punkte, der andere einen.

- Mit mindestens einem dieser Spieler solltet Ihr beim Turnier in einem Flight gewesen sein. Ansonsten könnt Ihr ausnahmsweise auch für einen Spieler aus dem Starterfeld abstimmen, mit dem Ihr schon bei anderen Turnieren mehrfach sehr gute Erfahrungen gemacht habt.

## **Playersmeetings:**

Finden bei normalem Wetter am Hartplatz neben dem großen Sportplatz statt.

## **Ace Pool:**

Gibt's! Mit einem Euro seid Ihr dabei. Bitte gleich am Freitag bei der Anmeldung, d.h. beim Einchecken auf's Gelände, zahlen!

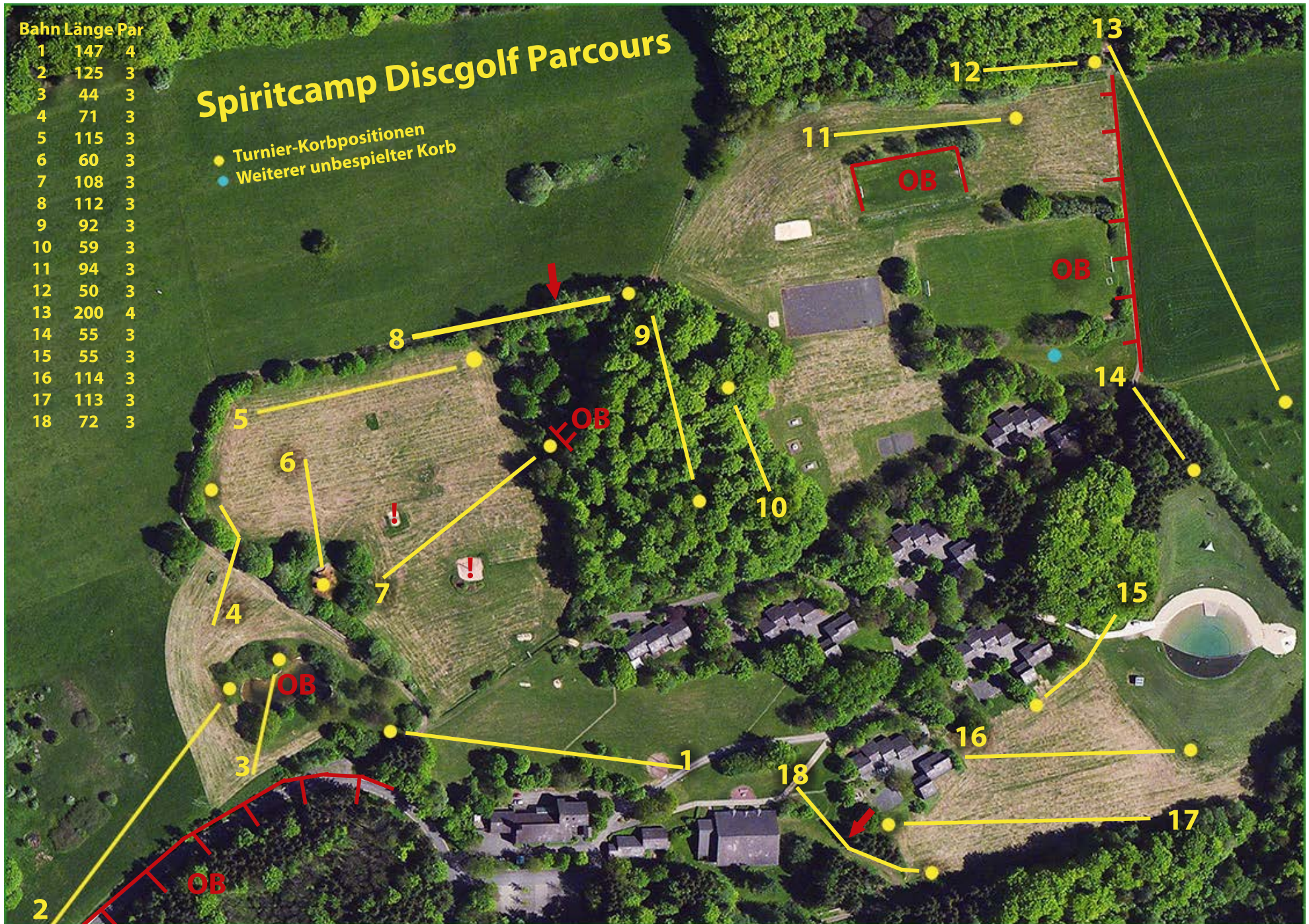
## **Doubles:**

Finden am Freitagnachmittag ab 15 Uhr statt. Einsatz 1 Euro pro Spieler, 100% Ausschüttung!



# S&P

# www.supgroup.de



## ***Eliminated all confusion?***

Than here's the fun that wasn't discussed previously!

### ***Beerrace:***

(Sat 17 h, lake)

- Beerrace: most important sport of the week
- Teams of three persons compete to decide this contest based on their skill, speed and their beer drinking skills
- Each Ultimate Team provides a team, also many, many more teams can be formed by Discgolf- and Freestyle participants.
- Participation is a matter of honor, eventually there's free beer for participants! And glory!! At the award ceremony and forever!!!
- Please come all, at least to cheer and watch, and for a group's picture of all 250 participants.
- Precise rules will be told locally. One of the three in a team should wear swimming lake compatible clothes...

### ***The thing with the ducks:***

(Sat 17 h, lake and later)

- More free beer? For each one? Hell yeah!
- All rules will be proclaimed at the lake.

### ***Having an affair***

(Sat ca. 17.30 h, following Beerrace)

This is the time to get to know other disc-sports and fun stuff!

### ***Party***

(Sat starting 22-23 h, gym)

Who's David Guetta? At Spiritcamp-Party we'll have Funatics-Resident-DJ Alf. And all the guys on the dancefloor will look ten times as sexy as whole Ibiza! See you!! (By the way: Who will win the party??)

### ***The Fantastic Most Public Mega Secret Of All Times***

(Sun 13 h, Steinsgebisshof)

The surprise for the adventurous, which of course is no surprise in a second edition! But awesome fun!

### ***Ring of Fire:***

(Sun, 15.25 Uhr after Ultimate Finals)

- for Ring of Fire EVERYONE needs a disc, so bring it
- all (250+) take position in a circle around a discgolf basket
- On command everyone throws at the same time on the disc golf basket in the middle.
- Everyone whose disc is in the basket, is a hero and rewarded deliciously!

### ***Afterwards***

(after the tourney...)

- Photos and more can be found on Tuesday after the tournament on [www.spiritcamp.de](http://www.spiritcamp.de)!
- You made cool photos or videos, entertaining reports etc by yourself? Let us know: mail to [matthias@spiritcamp.de](mailto:matthias@spiritcamp.de) or on FB!
- The same goes for praise, criticism, ideas, whatever! Bring it on!

Matthias' phone number  
+49 172 654 2771



# Scheiben-Junkie ?!

Hängst Du auch an der Scheibe?

Du bist nicht allein!



Wir haben die Therapie:

Heilung durch Hyposensibilisierung!

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Selbsthilfegruppe „Spiritcamp“

[www.spiritcamp.de](http://www.spiritcamp.de)  
Therapiezentrum Eisenberg  
4. - 6. September 2015